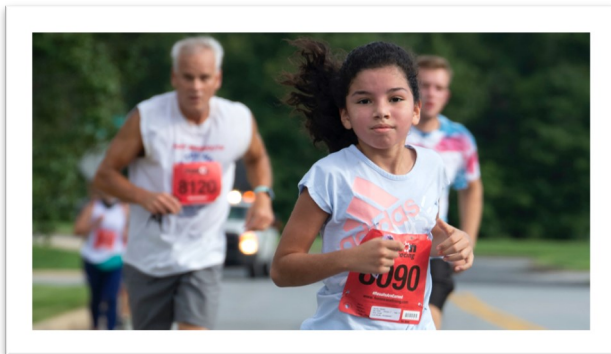
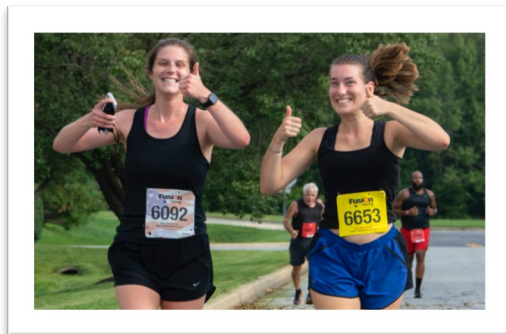


‘Make it a Habit’
and join us to support a great cause!



Making Our Home Their Home

As you well know, the needs of our home (and all nursing homes throughout the country and the globe) are immense and we rely on individuals and businesses for your generous support. Over the past year, we have concentrated our efforts on keeping our elderly family healthy while being isolated from family, volunteers, and friends.

Because our dedicated COVID care units of eight rooms sat empty for over 12 months, we were unable to be compensated for empty rooms. This loss of reimbursement fees (approx. \$400,000) has had an enormous effect on our ability to operate our home. Unfortunately, our Little Sisters are still unable to visit local parishes in our Diocese and we must rely on our special events to supplement the loss of revenue from these weekly church collections.

Proceeds from this event will go toward the needs of the Residents at Little Sisters of the Poor—Jeanne Jugan Residence in Newark, DE.

This year marks the 20th Anniversary of 9/11

Join us for this special Nun Run 5k as we honor and remember the lives of those affected by the events on Sept. 11, 2001.



www.nunrun5k.org



Knights of Columbus

5K Run & Walk

September 11, 2021

9:00 AM Start | 8:00 AM Check-In

**Start | Finish at
Midnight Oil Brewing Company
674 Pencader Dr
Newark, DE 19702**

***Call 302-368-5886 for details
or visit www.nunrun5k.org***





Little Sisters of the Poor NUN RUN 5K | RUN & WALK

SATURDAY | SEPTEMBER 11, 2021

674 Pencader Dr | Midnight Oil Brewing Company
Newark, DE US 19702

www.NunRuns5K.org

Time: Bib and shirt pick up at 8:00 AM on Saturday
Race starts at 9:00 AM

Location: 674 Pencader Dr. Midnight Oil Brewing Company Newark, DE US 19702

Entry Fee: Pre-Registration -\$29
On-Site Registration -\$40

Benefits: The needy Elderly at Jeanne Jugan Residence.

Course: MIDNIGHT OIL 5K COURSE: Gain 47 ft

Amenities: T-shirts guaranteed to all participants who pre-register by August 20th
Refreshments, music & more!

Awards: Trophies to 1st Place Male and Female runners and walkers plus Male & Female "Masters" runners. Medals for top 3 runners in 10 year age groups (13 and under to 70+). Prizes and/or awards to top Team and top Individual fundraisers.

Entry Info: See below or visit www.NunRuns5K.org to register online.

Contact: Anthony Uro at (302)528-1383 or franksinatran1@icloud.com

Mail Entry: Little Sisters of the Poor (ATTN: Nun Run) 185 Salem Church Rd. | Newark, DE 19713
Please make checks payable to Little Sisters of the Poor

Sleep In for the Little Sisters of the Poor Cause:
\$30.00 Donation (includes t-shirt)

NUN RUN 5K RUN/WALK

BIB#: _____

PLEASE PRINT CLEARLY AND FILL OUT SEPARATE ENTRY FORM FOR EACH RACE PARTICIPANT

Name:	Age:	Sex:	Race:	5K Run (or)	5K Walk
	Address:	City:	State:	Zip:	Phone:
Email:	Payment Method:		<input type="checkbox"/> Cash	<input type="checkbox"/> Check	<input type="checkbox"/> Card
Master Card or Visa (circle):	Card #	Exp. Date:	Total: \$		
Name & Address on Card (if different from above):					
T-Shirt Size (circle): S M L XL How did you hear about the Nun Run? <input type="checkbox"/> Past Race <input type="checkbox"/> Web <input type="checkbox"/> Flier <input type="checkbox"/> Parish <input type="checkbox"/> Other:					

SIGNATURE & DATE INDICATES COMPLIANCE WITH ALL TERMS DESCRIBED ON THIS ENTRY FORM

Signature of participant _____ Date: _____

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors, and assigns for any and all injuries suffered by me at said race.

NO REFUNDS - THE RACE DIRECTOR RESERVES THE RIGHT TO REJECT ANY ENTRY.